

# Joyce's Journal

A monthly dispatch from Joyce A. Miller, Writer



## **BON AIR BOOK FESTIVAL IN APRIL!**

On Saturday April 18 from 10:00am till 4:00pm, I'll be participating in the first Bon Air Book Festival at Brighton Green Community Center. While reading is often a solo endeavor, great books have the ability to bring people together. The organizers of the Bon Air Book Festival hope to provide the intentional time and space for folks to come together with a shared love of reading and building community. The vendor market will have local bookish crafters, book sellers and nonprofits. For the youngest guests there will be a fully decorated story telling tent, crafts, and playground and playing field available.

The festival will conclude with the live recording of Gigi Howard's 'Drinks in the Library' podcast with her guest, author, Meg Medina. The recording will take place in the Brighton Green community building at 3pm. Tickets for the podcast are available here: [Bon Air Book Festival Live Podcast with Meg Medina and Gigi Howard](#).

On Sunday April 12, I'll be joining Amanda Creasey (Author, Teacher & Writer) and Dawn Deiman (Meditation & Mindfulness Teacher) for a 2-hour guided workshop where, through creative writing, mindfulness and meditation, we'll be exploring the sense

A GLIMPSE OF  
WHAT'S INCLUDED:

**YouTube video of  
poetic B Ur Friend!**

of touch. This workshop will be co-hosted by a few reptiles as animal ambassadors who will help us with this exploration. The workshop will be held at Possum-Bilities in Fredericksburg, VA. Admission is \$30 pre-paid along with a donation of an item in need for the wildlife rescue. Join me and sign up here:

<https://risingdawnnyogastudio.taramala.com/classes/events>

I thought I would jump on the bandwagon and read **Theo of Golden** by Allen Levi. I heard so many good things about it. I thought I would find peace in it, especially during these mean and chaotic times. Theo could see humanity in all people. Spreading generosity and kindness became his life goal. But it became clear to me as I read it how different people's tastes are. Perhaps I was disappointed due to my wildly high expectations, but I did not care for it.

April is National Poetry Month, designated to celebrate poets, increase awareness, and encourage writing. As a bonus for this month's newsletter, I'm going to include a link to a YouTube video of Madeline Finn's poetic song **B Ur Friend** that was part of a meditation retreat I attended.

<https://youtu.be/TvWmxCKd1Cc?si=dZ9na4upBo3YPbeP>

I live in the Church Hill section of Richmond, VA with my husband and my retired racing greyhound. Before I started writing, I worked for 30 years at a nuclear physics research laboratory.

Do what you came here for!



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